

## Why do I need to fill out this information?

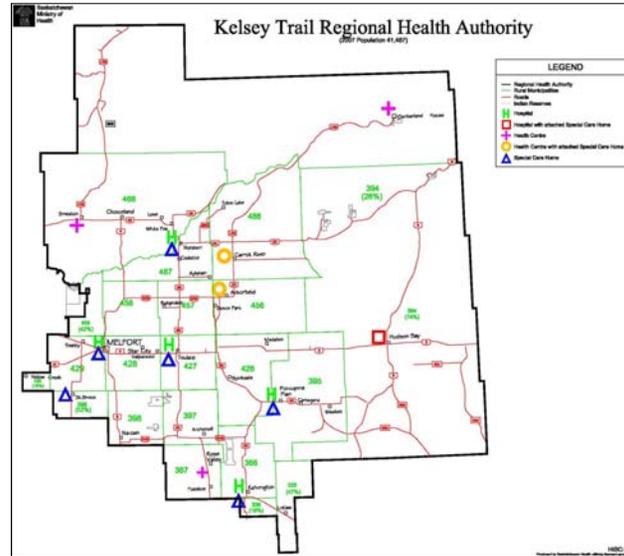
- A written list of all your medications will help all healthcare professionals to properly care for you.
- Missing a necessary medication can be harmful to your health.
- Knowing this information can help to ensure you get the correct medications during and following your hospital stay.

## What can I do if I do not have this information with me?

- Call a family member or friend to bring your medications to you.
- Call your pharmacy or family physician for a list of your medications.
- Discuss your medications with your nurse, physician or pharmacist.

## What to include:

- ⇒ What medications you take
- ⇒ How much you take
- ⇒ How often you take it
- ⇒ What medication allergies you have
- ⇒ What herbal or over-the-counter medications you take (ie. Garlic pills, aspirin, ibuprofen)



## Your Medication List is a service of the KELSEY TRAIL HEALTH REGION

*For more information about this or other services  
of the Kelsey Trail Health Region  
contact the Regional Office at  
(306) 873-6600 or visit our website  
[www.kelseytrailhealth.ca](http://www.kelseytrailhealth.ca)*



# Your Medication List



## Important Information

*Healthy People in Healthy Communities*

