

FOR YOUR CONVENIENCE

Mail & Flowers

Mail is delivered daily and flowers will be delivered upon arrival. Flowers from gardens are discouraged due to pest control. Flowers may be restricted or limited due to allergies.

Ministerial Services

Chaplains of most denominations visit the hospital regularly. Should you wish for a visit from your clergyman or pastor, your nurse will be pleased to call them. Bibles are available on request and are yours to take home.

Telephone

For your convenience, a pay telephone is located in the Outpatient department near the Nursing Desk. Personal calls and messages will be passed on to patients as appropriate.

Cell phone use is *restricted* in critical care patient areas, as they may interfere with medical equipment.

TV and Phone Rental

You may request a TV or phone in your room during your hospital stay, depending on their availability. This is a chargeable service.

WiFi

A free service available to patients and their families, users may connect to the *KTpublic* network, and then open their browsers to any public internet page. You will be redirected to the KTHR usage policy, and will have to click 'OK' to accept. This is an open network.

Smoking

The use of tobacco products is not permitted in buildings or within three metres of any doorway, window or air intake of any enclosed building operated and/or funded by KTHR.

PREPARING TO GO HOME

It is important for you and your family to start thinking about returning home while you are still in the hospital. Talk to your doctor and nurses about any concerns you may have and the support you may need to return home safely.

Please try and make arrangements to be picked up at the hospital by 11 a.m. on the day you are discharged.

Before leaving the hospital, the nurse will discuss your discharge care plan with you. Please take all of your belongings with you.

You will receive a patient discharge medication list of all of the medications you are taking. Please bring your medication list with you if you return to the hospital or see your doctor.

The Admitting Office will discuss, in a confidential manner, any arrangements which may be necessary with regard to financial matters. Some medications/supplies used while in the hospital may be chargeable. Our staff will be pleased to assist you in completing insurance forms.

COMMENTS OR CONCERNS

We encourage you to participate in the Provincial Patient Satisfaction Survey (Inpatient and Emergency Department). The feedback you give us will assist us in improving your care.

Should you have any comments or concerns related to your hospital stay, please contact the Facility Administrator at 873-6500 or call our Quality of Coordinator at 1-877-573-6601.



Tisdale Hospital Patient Guide

Kelsey Trail Health Region is committed to providing a safe and healthy environment for employees, volunteers, patients and the general public. This includes an environment where everyone is treated with dignity and respect.

Tisdale Hospital
Box 1630
Tisdale, SK S0E 1T0
306-873-6500

Healthy People in Healthy Communities

Welcome to Tisdale Hospital

Office Hours

Office hours are 8 a.m. to 4:30 p.m. daily. You are required to bring your current hospitalization card with you.

Nursing Services

A Registered Nurse will coordinate your care while in hospital. Your health care team will introduce themselves to you and provide you with any information you require. Nursing staff promote a patient family centered environment where you and your family actively participate in the planning of your care. We encourage you to discuss your health care wishes with your doctor and Registered Nurse.

Change of shift report occurs at 7 a.m. and 7 p.m. daily for 15 to 30 minutes. This reporting period gives the nursing staff time to exchange information about the condition and care of the patient.

Meals

Meals in the hospital are carefully planned and prepared to suit individual diet orders as prescribed by your doctor to speed your recovery. For health and safety reasons, please check with nursing before accepting any food or snacks brought by visitors.

Upon request, a Dietitian is available to discuss any nutrition-related concerns regarding your special diet order or healthy eating in general.

Approximate patient meal times:

Breakfast—8 a.m. **Dinner** – 12 p.m.
Supper— 4:55 p.m.

Leaving the Ward

If you leave the ward at any time, (go outside or to the cafeteria), you must sign the form at the nursing desk indicating where you are going, what time you went and the time you returned.

Accommodation

Semi-private and private rooms are available. Requests for private rooms are accommodated on availability and are a chargeable service.

White Boards

A white board is located in each room. The names of your health care team will be written on this board. The board can also be utilized by the patient to write messages or remember things to discuss with your doctor.

Valuables & Belongings

Patients are encouraged to send any money or valuables home. The hospital cannot be responsible for lost belongings. You are encouraged to bring personal toiletries. For infection control purposes a razor will not be supplied.

For Your Safety

Handwashing is the most important way to prevent infection. If you cannot wash your hands, alcohol sanitizer is available throughout the facility. Nursing staff will wash their hands or use a hand sanitizer before and after providing your care. Please ask your visitors to do the same.

Medication Safety

An identa-band with your personal information on it will be placed on your wrist on admission. Staff will check this band and you will be asked for your name and date of birth before medication and treatment are administered. Nursing staff will also explain any new or different medications to you prior to giving them to you. Please share all of your allergies and prescriptions and over-the-counter medications you take to ensure the most appropriate medications are prescribed for you. If, at any time, you have questions regarding your medications do not hesitate to ask.

Falls

All patients will be assessed for risk of falling. If you are identified as being at risk for a fall the staff will educate you and your family about what you can do to help prevent a fall while you are in hospital.

Fire (Code Red)

Fire drills are held periodically as a precautionary measure. In case of fire, you will receive instruction from the nursing staff on how/where to proceed.

Electrical Appliances

Electrical appliances brought into the hospital by patients must be checked by hospital maintenance personnel before use.

***Anyone suffering from colds or other infections are asked not to visit.
If you must visit, you are required to wear a mask which is provided at the facility entrance or you may ask the nurse for one.***

If you are put on “precautions” for a possible infection, your visitors may be required to put on a mask and gown **before** entering your room. Instructions are posted on your door. Your visitors should inquire at the Nursing Station before entering your room.

The health and care of the patient is the first consideration of the hospital staff and as a result, visiting may be restricted (i.e. critically ill patients).

Children under 12 years must be accompanied by an adult. Parents are encouraged to make alternate arrangements for infants rather than bringing them to visit.

Parents are encouraged to be with children who are admitted to hospital. Cots are available upon request.

Visitors are requested to use the public washroom located beside the vending machines.