



**The Tisdale Dialysis Unit
is a service of the
KELSEY TRAIL HEALTH REGION**

*For more information about this or other services
of the Kelsey Trail Health Region contact the Regional Office
at (306) 873-6600 or visit our website
www.kelseytrailhealth.ca*

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Provincial Health Line—24 hour health advice



**KTHR Quality of Care Coordinator
1-877-573-6601**

Tisdale Dialysis Unit Patient/Family Information Booklet

Kelsey Trail Health Region is committed to providing a safe and healthy environment for employees, volunteers, patients and the general public. This includes an environment where everyone is treated with respect and dignity.

**Tisdale Dialysis Unit
Box 1630
Tisdale, SK S0E 1T0
Cell (text only): 306-852-7498
Fax: 306-873-5059
Email: dialysis@kthr.sk.ca**

Healthy People in Healthy Communities

Welcome to Tisdale Dialysis Unit

The Dialysis unit staff promote a patient and family-centered environment where you and your family actively participate in the planning of your care. We encourage you to discuss your healthcare wishes with your Doctor and Registered Nurse. Your healthcare team will introduce themselves to you and provide you with any information you require.

The Dialysis Unit

Tisdale Hospital Dialysis Unit is a **satellite** unit of the Northern Saskatchewan Renal Program under the direction of St. Paul's Hospital in Saskatoon.

A satellite unit is set up to provide hemodialysis treatment in an area in closer proximity to patients' homes. This allows patients to receive treatment without having to make the long trip to Saskatoon each treatment day.

Other satellite units of the Northern Saskatchewan Program are located in Prince Albert & North Battleford.

Hours of Operation

Monday to Saturday

6:30 a.m.—12 p.m. and 12:30—6 p.m.

Treatment Start Times

7 a.m. and 12:30 p.m.

Contacts

Kidney Foundation of Canada. 1-306-664-8588
Sarah Bra (Saskatoon: Program Coordinator)

Kidney Foundation 1-800-664-8588 Ext. 23

Beth Baerwald (local peer support). 1-306-863-2503

Donations

Donations are necessary to maintain our program. Some of the equipment that is used has a short life expectancy of only five years.

Donations are extremely appreciated and can be left at the Kelsey Trail Health Region office or any hospital in the Kelsey Trail Health Region.

Publicity of donations by picture in the local paper is available. Please contact the unit for an appropriate time. A call can then be made by donor/Dialysis Unit to the Tisdale Recorder to take a picture, if desired.

Donations are made payable to:

Tisdale Renal Dialysis Project

c/o Kelsey Trail Health Region

Box 1630

Tisdale, Saskatchewan S0E 1T0

A **Social Worker** is available to provide general support for the emotional wellbeing of the patient and to assist families living with chronic diseases. Information regarding financial assistance can also be provided.

Telehealth & Clinic Visits are scheduled and coordinated through the DU staff. This occurs two times a year – from November to March. Clients are able to access a nephrologist through the use of technology without having to make a trip to Saskatoon. Clinic visits occur April to October. Patients must attend two visits at St. Paul’s Hospital where they will see a nephrologist in person. The staff in the unit will coordinate the appointment and work with you to have all the necessary information ready for the date of the appointment.

The Kidney Foundation of Canada

Is a volunteer non-profit organization dedicated to finding a cure for kidney diseases, and improving the lives of those with kidney disease.

The Foundation:

- offers a wide range of educational, recreational and financial services
- has branches and chapters across Canada
- branch office of Saskatchewan is located in Saskatoon at #1-2217 Hanselman Court

Peer Support Volunteer Program

It may be helpful to talk with someone who has been through a similar experience to help you cope with kidney disease.

If you wish, this program will match you up with a volunteer.

All contacts remain confidential.

Care Team

A **Nephrologist**, currently Dr. R. Stryker, is responsible for the medical administrative duties of the unit. Saskatoon Nephrology Group is a team of nephrologist’s responsible for the medical duties of the unit. Even though they work out of St. Paul’s Hospital they are on call and available to staff at all times during your treatment for consultation as needed.

Your **Family Doctor** is an important person in your overall care. It is necessary to have a family doctor that you see regularly. Please advise the nursing staff if you have any changes in other conditions that may affect your treatment or if you change doctors.

The **Dialysis Unit Registered Nurses** are responsible for coordinating the nursing care and education of patients and families. They are also the main contact people for accessing other services. Please discuss any problems/requests relating to your treatments with them and they will be happy to assist you in your physical, mental and spiritual wellbeing.

The **Facility Manager** at Tisdale Hospital is Tracy Farber. She is responsible for the Dialysis Unit nursing service. She works closely with the staff and other departments to ensure a smooth access to services.

The **Dialysis Unit Assistant/CCA** helps keep things running smoothly by scheduling treatments and appointments. They may assist with weighing, taking blood pressures and ensuring you are comfortable before and during treatment.



Treatment

To receive treatment in a satellite unit you must meet the following requirements:

- Be stable on dialysis as assessed by the Nephrologist
- Meet prescribed criteria set by your doctor

If at any time you become unstable, you may be transferred to the home unit at St. Paul's Hospital for evaluation and treatment.

Receiving treatment in a satellite unit requires good communication and teamwork between the client and staff. We ask that you contact the unit by phone or text if you are unable to attend your scheduled treatment with as much notice as possible. This reassures staff that you are safe at home and helps to ensure supplies are not wasted.

The Tisdale unit consists of 6 stations equipped with hemodialysis machines, electric chairs and individual television sets. For infection control purposes, patients are requested to bring their own headsets for use with the televisions.

For Your Safety

Hand washing is the best way to prevent infections. Please ensure you, your family and visitors wash their hands before entering and leaving the unit/waiting room. If you cannot wash your hands, alcohol sanitizer is available throughout the facility. A **"No Smoking"** policy exists in the hospital and Dialysis unit. Smoking is not permitted on hospital grounds, the parking lot or any KTHR property.

Anyone suffering from colds or other infections is asked **not** to visit.

If you must visit, you are required to wear a mask which is available at the facility entrance or, by request, from a nurse.

Support and Services

A **waiting room** is provided for patients, families and friends. Ice, water and a television are available in this comfortable area.

The **cafeteria** is located within the hospital. Meal arrangements are managed through the medical taxi coordinator (as applicable). Families, drivers, patients, etc. are also encouraged to make use of the hospital cafeteria.

Visiting is encouraged and unrestricted in the dialysis unit. Please respect our patients' need for privacy and our nurses need for adequate work space.

Free Wi-Fi is available for public use while in the hospital building.

Your drugstore **Pharmacist** and **Registered Nurse** can review prescribed medications with patients and families to ensure that medications are taken properly and to avoid side effects and drug interactions. It is advisable that you have **one pharmacy** that you deal with on a regular basis. Many of our patients have their pharmacist prepare weekly medication packs for them. The dialysis nurses can help you set up this service. For added convenience, Pharmasave in Tisdale will deliver medication packs to the unit.

A **Dietitian** is available to help each patient and family to develop an eating plan which meets each patients' nutritional needs. Often after monthly blood work is drawn, you may be seen by a dietician at the request of a nephrologist. You may also request a consult at any time if you have questions or concerns about your nutritional status.

Spiritual care is recognized as an important part of your wellbeing. You are welcome to ask your clergyman or pastor to visit you. The nurses will be happy to make a contact for you.
