

About the Telehealth Coordinator

The Telehealth Coordinator for Kelsey Trail Health Region is Michelle Hrychuk. She has been working in the healthcare field for the past 20 years with experience in hospital and clinical settings. She will work with the Specialists to set up your Telehealth Appointment and make sure everything runs smoothly.

For most types of clinics, there will be a trained facilitator present in the room during your appointment. She/He will act as the “hands” for the specialist and operate the different cameras, microphone, and other equipment as requested by the specialist.

The Facilitator may also have been requested by the specialist to obtain other things from you prior to the clinic such as: height, weight, blood pressure, heart rate, blood sugar level, etc. This is different for each person, and will explained to you upon request.

For More Information, Contact:

Michelle Hrychuk

Telehealth Coordinator

Kelsey Trail Health Region

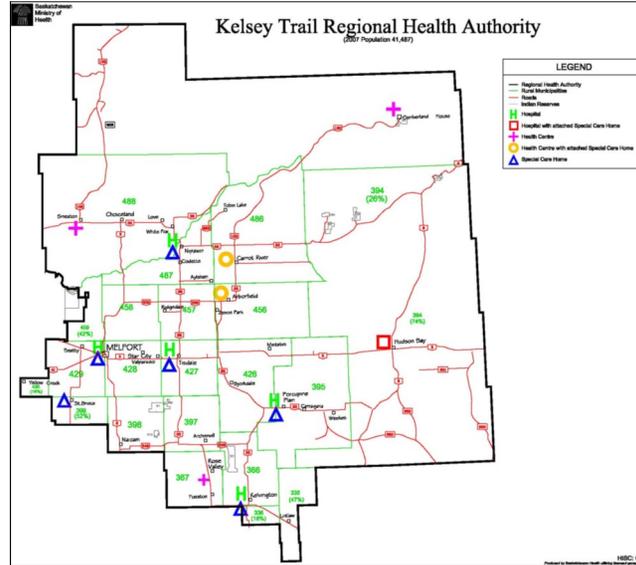
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Telehealth
is a service of the
KELSEY TRAIL HEALTH
REGION

*For more information about this or other services
of the Kelsey Trail Health Region
contact the Regional Office at
306-873-6600 or visit our website
www.kelseytrailhealth.ca*



Provincial Health Line—24 hour health advice



Telehealth & Your Clinical Appointment



... Linking Communities for Health ...

Videoconferencing & You

Healthy People in Healthy Communities

About Telehealth Saskatchewan

Telehealth Saskatchewan is a Ministry of Health initiative to link urban and rural areas around the province. The system is accessible for meetings, education sessions, and clinical applications such as your appointment.

Health care professionals are encouraged to apply the use of Telehealth for appropriate specialist appointments, consults, and follow-ups.

You have been referred to your specialist for a “Telehealth Consult” which means that you will remain in the community and see your specialist over a live, real-time videoconference link. Your specialist will be able to see you and hear you, and you will be able to see and hear the specialist as well. It is as if the specialist is in the same room, but in reality they are miles away!

Who Can You Link To?

Our main connections for clinical appointments are from Saskatoon or Regina. The benefit of videoconferencing however, is you are not limited to where you can connect. Consults have been done from Alberta, Manitoba, and Ontario.

Equipment Used

Telehealth Workstation: includes cameras, a computer, monitor, and a special modem that allows for the connection to the site where your specialist is located.

Patient Camera: A special handheld camera that is used for close up examination of the area of interest to the specialist.

Electronic Stethoscope: This stethoscope allows your specialist to listen to your heart and lungs from a distance.

Process for Your Appointment

Once your family physician sees you and determines that a Telehealth Consult with a specialist is needed, your doctor will send a referral to the specialist. You will receive an appointment letter and the Telehealth Coordinator will contact you a few days before your appointment to remind you and answer any questions you may have.



How does the appointment work?

For most types of clinics, there will be a trained clinical facilitator present in the room during your appointment. He/she will act as the “hands” for the specialist and operate the different cameras, microphone, and other equipment as requested by the specialist.

The facilitator may also have also been asked by the specialist to obtain other information from you prior the clinic such as: height, weight, blood pressure, heart rate, blood sugar level, etc. This is different for each person and will be explained to you upon request.

Locations For Appointments

Kelsey Trail Health Region has eight Telehealth locations. Telehealth clinics occur at **Nipawin, Tisdale, Melfort, Hudson Bay, Porcupine Plain, Kelvington, Cumberland House** and **Carrot River**. There is a clinical suite in each facility where the clinics are held. Not all clinical appointments are available at each location. The closest appropriate site will be chosen at the time the clinic is scheduled.

Types of Clinics

Currently, the regular clinics available over Telehealth include:

- Child & Adult Psychiatry
- Pediatric Surgery
- Pediatric Rheumatology
- Wound Clinics
- Rehab Medicine
- Neurology
- Respiriology
- Genetics
- Memory Clinics
- Oncology
- Satellite Dialysis Clinic



Other Clinical Uses in KTHR

We are always seeking new uses for the Telehealth Program. If you feel that you may benefit from a Telehealth appointment instead of traveling, discuss the option with your family physician.

Your Healthcare, Your Option

Each individual has the right to make decisions involving their health care in Canada. If you choose to see the specialist in the usual manner instead of over Telehealth, let your family physician know. Telehealth was created to reduce travel and costs associated with rural health access, but technology is not for everyone!

Generally, each patient has been happy with their Telehealth appointment and has returned for follow-ups using the system again!

