



FOR YOUR CONVENIENCE

Mail & Flowers

Mail is delivered daily and flowers will be delivered upon arrival. Flowers from gardens are discouraged due to pest control. Flowers may be restricted or limited due to allergies.

Canteen Cart Service

This patient service is operated weekdays by the Porcupine Carragana Health Care Auxiliary and volunteers. It is located by the nurses station.

Ministerial Services

Chaplains of most denominations visit the hospital regularly. Should you wish a visit from your clergyman or pastor, your nurse will be pleased to call them. Bibles are available on request and are yours to take home.

Telephone

For your convenience, a pay telephone is located by the Nurse Station.

Personal calls and messages will be passed on to patients as appropriate. Patient rooms do not have telephones.

Cell phone use is *not* permitted in patient care areas. Cell phones may be used at the front entrance of the facility.

Smoking

The use of tobacco products is not permitted in buildings or within three metres of any doorway, window or air intake of any enclosed building operated and/or funded by KTHR.

PREPARING TO GO HOME

It is important for you and your family to start thinking about returning home while you are still in hospital. Talk to your doctor and nurses about any concerns you may have and the support you may need to return home safely.

Please try and make arrangements to be picked up at hospital by 1:30 p.m. on the day you are discharged.

Before leaving the hospital, please contact your nurse so they can discuss your discharge care plan with you. Please take all of your belongings with you.

You will receive a medication pamphlet to list all of the medications you are taking. Please bring your medication pamphlet with you if you return to the hospital or see your doctor.

The Admitting Office will discuss, in a confidential manner, any arrangements which may be necessary with regard to financial matters. Some medications/supplies are not benefits in the hospital and may be chargeable. Our staff will be pleased to assist you in completing insurance forms.

COMMENTS OR CONCERNS

We encourage you to participate in the Provincial Patient Satisfaction Survey (Inpatient and Emergency Department). The feedback you give us will assist us in improving your care.

Should you have any comments or concerns related to your hospital stay, please contact the Facility Administrator at 306-278-6262 or the KTHR Quality of Care Coordinator at 1-877-573-6601.



Porcupine Carragana Hospital Patient Guide

Kelsey Trail Health Region is committed to providing a safe and healthy environment for employees, volunteers, patients and the general public. This includes an environment where everyone is treated with dignity and respect.

Porcupine Carragana Hospital
Box 70
Porcupine Plain, SK S0E 1H0
306-278-6262

Healthy People in Healthy Communities

Welcome to Porcupine Carragana Hospital

Office Hours

Our office hours are 8 a.m. to 4:30 p.m. daily. You are required to bring your current hospitalization card with you.

Nursing Services

A Registered Nurse will coordinate your care while in hospital. Your health care team will introduce themselves to you and provide you with any information you require. Nursing staff promotes a patient centered environment where you and your family actively participate in the planning of your care. We encourage you to discuss your health care wishes with your doctor and Registered Nurse.

If you are experiencing any problems with your care, please discuss this with the nurse in charge and/or the Facility Administrator.

Change of shift report occurs at 7:15 a.m. and 7:15 p.m. daily for 15 minutes. This reporting period gives the nursing staff time to exchange information about the condition and care of patients.

Meals

Meals in the hospital are carefully planned and prepared to suit individual diet orders as prescribed by your doctor to speed your recovery. For health and safety reasons, please check with nursing before accepting any food or snacks brought by visitors.

A Dietitian is available, on request, to discuss any nutrition-related concerns regarding your special diet order or healthy eating in general. Approximate patient meal times:

Breakfast -7:45 a.m. Dinner—12 p.m.
Supper - 4:55 p.m.

Leaving the Ward

If you leave the ward at any time (go outside or to the cafeteria), you must sign the form at the nursing desk indicating where you are going, what time you went and the time you returned.

Accommodation

All rooms are private rooms. Respite charges will apply to long stay patients.

Clipboards

A clipboard is located by each bedside. This can be utilized by the patient to write messages or remember things to discuss with your doctor.

Your health care provider and you may develop goals to reach before discharge can happen and they may be written on the clipboard for you to check off.

Valuables & Belongings

Patients are encouraged to send any money or valuables home. The hospital cannot be responsible for lost belongings. Please bring personal toiletries. For infection control, a razor will not be supplied.



FOR YOUR SAFETY

Handwashing is the most important way to prevent infection. If you cannot wash your hands, alcohol sanitizer is available throughout the facility. Nursing staff will wash their hands or use a hand sanitizer before and after providing care.

Identa-band

An identa-band with your personal information on it will be placed on your wrist upon admission. It must be kept on at all times. Staff will check this band and you will be asked your name and date of birth before medication and treatment are administered.

Electrical Appliances

Electrical appliances brought into the hospital by patients must be checked by hospital maintenance personnel before use.

Fire (Code Red)

Fire drills are held periodically as a precautionary measure. In case of fire, you will receive instruction from the nursing staff on how/where to proceed.

Visitors

If you would like visitors restricted to immediate family or otherwise, please inform the nurse.

Anyone suffering from colds or other infections is requested not to visit. If you must visit, you are required to wear a mask which is provided at the facility entrance or you may ask the nurse for one.

If you are put on “precautions” for a possible infection, your visitors may be required to put on a mask and gown **before** entering your room. Instructions are posted on your door. Visitors should inquire at the Nursing Station before entering your room.

The health and care of the patient is the first consideration of the hospital staff and as a result, visiting may be restricted (i.e. critically ill patients).

Children under 12 years must be accompanied by an adult. Parents are encouraged to make alternate arrangements for infants rather than bringing them to visit.

Parents are encouraged to be with their children. Cots are available upon request.

Visitors are requested to use the public washroom located in the front entrance.