
Belief Statement

The Kelsey Trail Health Region Palliative Care Committee believes in upholding and respecting the quality of life of each individual with terminal illness.

We believe ...

- ◆ that dying and grieving are natural to life and that the client and family is the unit of care and should be involved in the planning and choices.
- ◆ that it is the right of every person facing death and bereavement to maintain individuality and dignity.
- ◆ it is the right of each individual and family to know and discuss the extent of the disease and its complications.
- ◆ it is the right of all persons facing death and bereavement to receive consistent physical, emotional and spiritual support.

The terminally ill individual is the team leader and:

- ◆ Chooses how actively he/she wishes to be involved in the day-to-day decisions about his/her care
- ◆ Expresses his/her needs and makes informed decisions about his/her care plan
- ◆ Has control over his/her quality of life

Palliative Care is a service of the KELSEY TRAIL HEALTH REGION

To request Palliative Care Services, call your local Home Care Office. Home Care offices in the Kelsey Trail Health Region:

Carrot River Area	306-768-2020
Hudson Bay Area	306-865-5602
Kelvington Area	306-327-5520
Melfort Area (includes St. Brieux)	306-752-1780
Naicam Area	306-874-2276
Nipawin Area (includes Cumberland House, Arborfield & Smeaton)	306-862-7250
Porcupine Plain Area	306-278-6270
Tisdale Area	306-873-3645
Rose Valley Area	306-322-2115

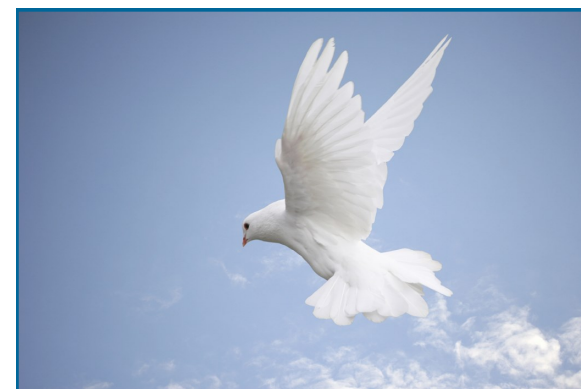
For more information about this or other services of the Kelsey Trail Health Region contact the Regional Office at (06-873-6600 or visit our website www.kelseytrailhealth.ca



**KTHR Quality of Care Coordinator
1-877-573-6601**



Palliative Care Program



“...to know love and peace to the last, to live until you die.”

-Dame Cecily Saunders

Healthy People in Healthy Communities

What is Palliative Care?

Palliative Care is a program of active compassionate care directed towards maintaining the quality of life for dying persons and their families. The service is available to the terminally ill, and families, who have decided that treatment for cure or prolongation of life is no longer the primary objective. The goal of Palliative Care is to help the individual to continue to live while dying.

Why Palliative Care?

The aim of the service is to ensure the quality of life to the dying person by providing *physical, emotional, social* and *spiritual* support, including bereavement as experienced by the terminally ill person and family.

Where are services provided?

Palliative Care services are provided in the home of the client, in the hospital, or in a special care home, with the individual and/or family having a choice in the setting and direction of care.

When can Palliative Care services be utilized by an individual or family?

- ◆ Palliative care is utilized when comfort is the main concern and curative treatment is no longer the primary goal.
- ◆ When the client is undergoing curative therapies and requires physical, emotional, and/or spiritual support.

How does Palliative Care work?

To achieve its aims, the Palliative Care Team must work with the client, the family, members in the community and with hospital and special care home staff to overcome the concerns and difficulties encountered at this time. The Palliative Care Team is interdisciplinary and may consist of nurses, physicians, clergy, home care workers, social worker, pharmacist, therapist and dietician.

Ask for brochures on:

- ◆ A Home Care Option for Palliative Care
- ◆ Dealing with Grief
- ◆ What To Do at Time of Death

What Services are provided?

A full scope of services may be provided to palliative care patients and to their families by various individuals and agencies. These services may be among the following:

- ◆ Professional assessment for services needed and ongoing care coordination
- ◆ Nursing care
- ◆ Personal care
- ◆ Homemaking
- ◆ Respite care (relief care to give caregivers necessary breaks)

Services *(continued)*

- ◆ Pharmacist consultation
- ◆ Dietician consultation
- ◆ Occupational Therapist consultation
- ◆ Provision of specialized equipment
- ◆ Volunteer services
- ◆ Education regarding palliative care
- ◆ Bereavement follow-up
- ◆ Medical Social Worker

Working together with your family doctor and/or specialist, these services supplement the support and help you may have from your family and friends to promote quality of life during your terminal illness.

Kelsey Trail Palliative Care Philosophy

- ◆ The individual and the family are the Focus
- ◆ Dying and grieving as a normal part of life

*Donations are gratefully accepted and are used for equipment purchases, ongoing education and resource materials.
Please make donations payable to the
Kelsey Trail Health Region.*