



## FOR YOUR CONVENIENCE

### Mail & Flowers

Mail is delivered daily and flowers will be delivered upon arrival. Flowers from gardens are discouraged due to pest control. Flowers may be restricted or limited due to allergies.

### Nourishment Room

This room is located near the patient wards. Patients are welcome to help themselves to snacks and drinks located in this area. Remember to wash your hands prior to handling food and handle items keeping contamination in mind!

### Ministerial Services

Chaplains of most denominations visit the hospital regularly. Should you wish a visit from your clergyman or pastor, your nurse will be pleased to call them.

### Telephone

For your convenience, a pay telephone is located in the front entrance. Personal calls and messages will be passed on to patients, as there are no phones in the patient rooms.

Cell phone use is **not** permitted in certain patient care areas. Please ask your nurse where you can use your cell phone.

### Smoking

The use of tobacco products is not permitted in buildings or within three metres of any doorway, window or air intake of any enclosed building operated and/or funded by KTHR.

## PREPARING TO GO HOME

It is important for you and your family to start thinking about returning home while you are still in hospital. Talk to your doctor and nurses about any concerns you may have and the support you may need to return home safely.

Please try and make arrangements to be picked up at hospital by 11 a.m. on the day you are discharged.

Before leaving the hospital, please contact your nurse so they can discuss your discharge care plan with you. Please take all of your belongings with you.

You will receive a medication pamphlet to list all of the medications you are taking. Please bring your medication pamphlet with you if you return to the hospital or see your doctor.

The Admitting Office will discuss, in a confidential manner, any arrangements which may be necessary with regard to financial matters. Some medications/supplies are not benefits in the hospital and may be chargeable.

## COMMENTS OR CONCERNS

We encourage you to participate in the Provincial Patient Satisfaction Survey (Inpatient and Emergency Department). The feedback you give us will assist us in improving your care.

Should you have any comments or concerns related to your hospital stay, please contact the Facility Administrator at 327-5500 or the KTHR Quality of Care Coordinator at 1-877-573-6601.



# Kelvington & Area Hospital Patient Guide

*Kelsey Trail Health Region is committed to providing a safe and healthy environment for employees, volunteers, patients and the general public. This includes an environment where everyone is treated with dignity and respect.*

Kelvington & Area Hospital  
701-6<sup>th</sup> Avenue West  
Box 70  
Kelvington, SK S0A 1W0  
Phone: 306-327-5500

*Healthy People in Healthy Communities*

## WELCOME TO KELVINGTON HOSPITAL

### Office Hours

Our office hours are 8 a.m. to 4:30 p.m. daily. You are required to bring your current hospitalization card with you.

### Nursing Services

A Registered Nurse will coordinate your care while you are in hospital. Your health care team will introduce themselves to you and provide you with any information you require. Nursing staff promotes a patient centered environment where you and your family actively participate in the planning of your care. We encourage you to discuss your health care wishes with your doctor and Registered Nurse.

If you are experiencing any problems with your care, please discuss this with the nurse in charge, Nurse Manager and/or Facility Administrator.

Change of shift report occurs at 7:30 a.m. and 7:30 p.m. daily for 15 to 30 minutes. This reporting period gives the nursing staff time to exchange information about the condition and care of patients. Physicians make patient rounds in the morning and when necessary.

### Meals

Meals in the hospital are carefully planned and prepared to suit individual diet orders as prescribed by your doctor to speed your recovery. If you have any food allergies or intolerances, please notify the nursing staff. For health and safety reasons, please check with nursing before accepting any food or snacks brought by visitors. Approximate patient meal times:

Breakfast—7 :15 a.m.      Dinner—11:45 a.m.  
Supper - 4:45 p.m.

### Leaving the Ward

If you leave the ward at any time (i.e. go outside) you must sign the form at the nursing desk, indicating where you are going, what time you went and the time you returned.

### Accommodation

Semi-private and private rooms are available. Requests for private room are accommodated based on the patient's medical condition and availability of private rooms. They are a chargeable service. Respite charges will apply to long stay patients.

### Dry Erase Boards

A board is located in each patient room. This can be utilized to enhance communication between you and/or your family and your health care provider (i.e. questions you or your family may want to ask your doctor, goals to be reached prior to discharge).

### Valuables & Belongings

Patients are encouraged to send any money or valuables home. The hospital cannot be responsible for lost belongings.

Please bring personal toiletries. For infection control, a razor will not be supplied



## FOR YOUR SAFETY

**Handwashing** is the most important way to prevent infection. If you cannot wash your hands, alcohol sanitizer is available throughout the facility. Nursing staff will wash their hands or use hand sanitizer before and after providing care.

### Identia-band

An identa-band with your personal information on it will be placed on your wrist upon admission. It must be kept on at all times. Staff will check this band and you will be asked your name and date of birth before medication and treatment are administered.

### Electrical Appliances

Electrical appliances brought into the hospital by patients must be checked by hospital maintenance personnel before use.

### Fire (Code Red)

Fire drills are held periodically as a precautionary measure. In case of fire, you will receive instruction from the nursing staff on how/where to proceed.

### Visitors

If you would like visitors restricted to immediate family or otherwise, please inform the nurse.

***Anyone suffering from colds or other infections is requested not to visit. If you must visit, you are required to wear a mask which is provided at the facility entrance or you may ask the nurse for one.***

If you are put on "precautions" for a possible infection, your visitors may be required to put on a mask and gown **before** entering your room. Instructions are posted on your door. Visitors should inquire at the Nursing Station before entering your room.

The health and care of the patient is the first consideration of the hospital staff and as a result, visiting may be restricted (i.e. critically ill patients).

Children under 12 years must be accompanied by an adult. Parents are encouraged to make alternate arrangements for infants rather than bringing them to visit.

Parents are encouraged to be with their children. Sleeping arrangements are accommodated based on availability.

Visitors are requested to use the public washroom located in the Medical Clinic entrance hallway.