

PUBLIC HEALTH NURSE 306-865-5630
Can access without referral

Registered Nurses that specialize in the following areas: child health & development, immunization, prenatal & postnatal education, school health, communicable disease, health promotion & community development, and travel health.

Dental Health Educator 306-752-6310

Public Health Inspector 306-752-6310
(as needed)

Well Baby Clinic 306-865-5630

Travel Immunization 306-873-3615

Early Childhood Team 306-873-8282

The team of Early Childhood Psychologist and Speech Language Pathologist provide services to children from birth to school age that are not developing as expected.

MENTAL HEALTH & ADDICTION SERVICES

Mental Health Central Intake 306-752-8767

Services Provided:

Visiting Psychiatrist 306-765-6055

(once every 6 months)

Mental Health Nurse 306-865-5646

Addictions Counseling 306-865-4211

Provides assessments, counseling, therapy, outpatient rehab, SGI screening, education and prevention programs and workshops.

Emergency Services 9-1-1

Kids Help Phone 1-800-668-6868

Mental Health 1-306-765-6055

Smoker's Help Line 1-877-513-5333

Northeast Crisis Centre 1-800-611-6349

Problem Gambling 1-800-306-6789

Farm Stress Line 1-800-667-4442

Primary Health Care is a service of the KELSEY TRAIL HEALTH REGION

*For more information about this or other services
of the Kelsey Trail Health Region
contact the Regional Office at
(306) 873-6600 or visit our website
www.kelseytrailhealth.ca*



Provincial Health Line—24 hour health advice



**KTHR Quality of Care Coordinator
1-877-573-6601**



Guide to Health Services Hudson Bay



Brought to you by the
Hudson Bay Primary Health Care
Provider Team
in partnership with
Kelsey Trail Health Region

The Hudson Bay Primary Health Care Provider Team is a group of health care providers and community members working together to address identified needs within the community.

Healthy People in Healthy Communities

What is Primary Health Care?

- ◆ Providing services to individuals, families and communities through a team approach
- ◆ A proactive approach to preventing health problems before they occur
- ◆ Accessing the right health provider at the right time for the right reason
- ◆ Improved follow-up once a condition has been identified

HUDSON BAY PRIMARY HEALTH CARE CLINIC

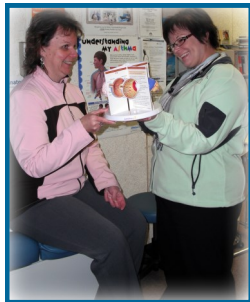
306-865-5636

Family Physician Services

Hours of Operation

Monday – Friday

9 a.m. - 12 p.m. & 1 p.m. – 5 p.m.



NURSE PRACTITIONER SERVICES

A Nurse Practitioner (NP) is a registered nurse with advanced education & training, enabling the NP to diagnose & manage day-to-day medical conditions & chronic conditions, while maintaining a close working relationship with physicians. They are able to order tests, x-rays, write prescriptions & refer to other health care providers.

Shelly Cal RN/NP

306-865-5635

Provides medical services out of Hudson Bay Primary Health Care Clinic.

ACUTE CARE FACILITIES

Hudson Bay Hospital

306-865-5600



LONG TERM CARE HOMES

Assessment for long term care & respite placement is through Home Care

306-865-5602



HOME CARE

Can access without referral

306-865-5602

Assists those who need care & support to remain independent at home. Provide services based on client assessed needs & risks. Provide assessment for long term care & respite placement as well as palliative care services.

Meals on Wheels - Hot noon meal delivered to client's home up to 5 days per week

VISITING SPECIALISTS AVAILABLE IN THE HUDSON BAY AREA

(By Referral Only)

COMMUNITY THERAPY

306-873-8282

- **Physiotherapy**
- **Occupational Therapy**

Pediatric Physiotherapy

306-873-3760

Exercise Therapy

306-873-3760



DIETITIAN

306-873-3760

Can access without referral

Provides information & assistance to those with or at risk of developing health conditions related to: diabetes, heart & stroke, blood pressure, cholesterol, nutrition & weight concerns.

DIABETES NURSE EDUCATOR

306-873-3760

Can access without referral

Provides education & support to individuals & groups to assist them in living well with diabetes. Services include: checking blood glucose monitors for accuracy, individual counseling regarding diabetes, insulin management, lifestyle, coping with diagnosis.