



INFORMATION BOOKLET

CARROT RIVER HEALTH CENTRE

**4101 – 1ST Avenue West
Box 250
CARROT RIVER, Saskatchewan
S0E 0L0
Telephone: (306) 768-3100**



VISION

Healthy people in healthy communities

MISSION

Working together to improve the health of people

VALUES

Respect

We will support our clients, colleagues & partners in positive, productive relationships.

Transparency

We see every interaction as an opportunity for caring, compassion & to build trust with each person.

Excellence

We will pursue excellence through diligent effort, both individually and collectively.

Accountability

We are thoughtful guardians of our resources.

Engagement

We will continually work to earn confidence, faith and collaboration with our clients & colleague

RESIDENT'S RIGHTS, FREEDOMS, AND RESPONSIBILITIES

A. Your Rights and Freedoms

As a *Resident of Carrot River Health Centre, you have the right to:

- be treated with dignity in life and death.
- be informed and participate in all aspects of life and death.
- be free from pain.
- refuse treatment and be informed of the outcomes of that decision.
- receive treatment and services, within the capacity of the Facility/Kelsey Trail Health Region, to attain your optimum health/well being and a peaceful death. Your Health Care Directive will be respected.
- be free from all types of abuse.
- have confidentiality and privacy in all aspects of life and care.
- have personal possessions as space and safety allow.
- be informed and participate in community happenings.
- possess and enjoy civil rights as a community member.
- identify someone to make decisions on your behalf, and to manage your finances, should you become unable to do so.
- be cared for by caring, sensitive, knowledgeable people who will help you adjust to the transitions in life.

As a *Resident of Carrot River Health Centre, you have the freedom to:

- communicate and associate, privately, with visitors at hours reasonable and convenient given the needs of other residents and responsibilities of Facility staff.
- express your concerns, opinions, and recommendations to Kelsey Trail Health Region without fear of retribution.
- make choices, in activities of daily living, with an understanding of the consequences.

B. Your Responsibilities

As a *Resident of Carrot River Health Centre, you have the following responsibilities:

- to make decisions about your care, and to do as much for yourself as possible.
- to give accurate information, to the best of your ability, to your caregivers.
- to be aware of how your lifestyle affects your health.
- to recognize that the needs of other people may sometimes be more urgent than your own.
- to treat other residents, staff, visitors, and volunteers with respect and tolerance.
- to accept the outcomes, should you refuse treatment.

***It is understood that the legal Guardian, Next-of-Kin, or Health Proxy, as appropriate, will act on behalf of the mentally incompetent Resident.**

C. Kelsey Trail Health Region/Carrot River Health Centre Responsibilities

The Kelsey Trail Health Region/Carrot River Health Centre will:

- orientate staff to resident rights, freedoms, and responsibilities.
- provide staff with in-service education in regard to resident rights and preservation of resident dignity.
- inform each Resident/Responsible Person of the Resident's rights, freedoms, and responsibilities, and encourage her/him to ask questions, express concerns, and make recommendations in regard to the same.
- work with residents, families, colleagues, governments, communities, agencies, etc., to ensure that residents' rights and freedoms are realized.

REFERENCES:

Canadian Charter Of Rights and Freedoms.

Saskatoon Health District pamphlet concerning Rights and Responsibilities.

Steffl, Bernita M. Handbook of Geonological Nursing, New York; Van Nostrana Reinhold Company, 1984, pp. 531-532.

KELSEY TRAIL HEALTH REGION
CARROT RIVER HEALTH CENTRE
MULTIDISCIPLINARY TEAM MEMBERS

Carrot River Medical Clinic
102 – 1st Avenue
Carrot River, Sask. S0E 0L0
306-768-2000

Dr. John Herbert

Sharon Frisky

Louise Kowal, PCN

Lisa Major	Director of Long Term Residential Care	(306) 752-7572
Laura Pickett	Facility Administrator	(306) 812-8133
Marj Classen	Admin Assistant	(306) 768-2012
Pat Weisgerber	Admin Assistant	(306) 768-8036
Jessie Strasser	Recreation Co-ordinator	(306) 768-2018
Trevor Campbell	Food Services Manager	(306) 768-2017
Merna Whitehead	Regional Social Worker	(306) 752-1772
Bhargav Dholiya	Pharmacist, Carrot River Pharmacy	(306) 768-2222
Tracy McDougall	Pharmacist, Carrot River Pharmacy	(306) 768-2222

