

NIPAWIN HOSPITAL

THRUSH & CANDIDA

DESCRIPTION:

- Thrush is an infection caused by a yeast.
- The yeast is found in the mouth, throat or intestines of most people. It does not normally cause an infection.
- When conditions are right the yeast can invade the mucous membrane or skin and cause an infection.
- The yeast grows best in a warm, dark, moist area.
- An infection of the mouth by candida is called thrush. White or grey-white patches form on the tongue, throat and lining of the mouth. It is painful.
- Candida can also grow in the vagina or lower intestinal area. The infected person complains of these areas being very itchy. There may be a thick white discharge.

WHAT PARENTS CAN DO:

If you think your child has thrush or candida contact your Doctor.

Practice good hygiene.

Wash your hands carefully:

- Before eating or making food.
- After going to the washroom.
- After handling items soiled with bowel movements or saliva.