

NIPAWIN HOSPITAL

CELLULITIS

DESCRIPTION:

Cellulitis is an infection of the skin.

GUIDELINES:

- Tub bath or shower daily.
- Keep skin dry and clean. Avoid irritating soaps and perfumes.
- Eat 3 balanced meals a day. Drink 8 glasses of fluids/day (water is important)
- Avoid fatigue.
- Have planned rest periods until pain and redness subsides.
- Notify your Doctor if these signs and symptoms develop:
 - Elevated temperature
 - Pain uncontrolled by prescribed medication
 - Redness
 - Swelling and return of pain