

# NIPAWIN HOSPITAL

## CATHETER CARE - PERI CARE DRAINAGE BAG CARE CHANGING LEG BAG & NIGHT BAG

1. Assemble necessary supplies
  - Pail or urinal for collecting urine if needed
  - Soaking basin to lay catheter tubing and bag in cleaning solution (1:4 vinegar solution)
  - Clean towel
  - Gloves
  - Night bag/leg bag if needed
  - Peri bottle

2. Wash hands.

### ***Emptying of Drainage Bag:***

- Glove
- Unclamp tube and drain drainage bag into toilet or receptacle - being careful not to touch drain tip on any objects. Clamp tubing and replace drain tube in holder site.

### ***Cleaning of Drainage Bag:***

- Glove
- Disconnect old drainage bag tubing and reconnect catheter to clean drainage bag. Being careful not to touch drain tip ends on any objects. Take used drainage bag and rinse with cool tap water until water is clear and empty in toilet.

3. Clean drainage bag by putting soapy water in the top opening or tubing using a peri bottle. Leave soak for 5 minutes, then rinse the bag thoroughly with clean water.
4. Put a solution of 1 part vinegar to 4 parts water in the bag for 5 minutes. This reduces odor, increases acidity in the bag and helps prevent infection.

5. Hang capped bag in a clean place until dry and then store wrapped in a clean towel or in a clean plastic bag.

***Catheter Instructions For Client:***

- Do not have collection bag attached any higher than level of the hip.
- Do not lie, tug or sit on catheter or tubing.

Ensure tubing is not kinked.

**Changing Between Leg Bag and Night Bag:**

1. Glove
2. Disconnect leg bag/night bag and reconnect to bag required - be careful not to touch drain tip ends on any objects.
3. Clean used bag as per cleaning guidelines and remind client of catheter instructions (see above).

**Peri Care:**

1. Glove
2. Expose only area to be washed. Place a towel under client's hips.
3. Wash area where the catheter enters the body including the catheter itself with warm water and soap, rinse and dry well at least once/day.
4. Do not move the catheter tubing any more than necessary.
5. Check that the tubing is properly positioned.

**Report to the Doctor if:**

- Unusual pain
- Urine is bloody, very dark or cloudy and/or foul
- Drainage is noted around catheter insertion site