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News Release

March 5, 2010

For immediate release

Beryl Dearborn honoured with Population Health Promotion Recognition Award

The Population Health Promotion (PHP) Leadership Team honoured Beryl Dearborn with the presentation of a Population Health Promotion Recognition Award on Friday, March 5th.

PHP Recognition Awards acknowledge the role individuals or organizations play in making their communities a healthier place to live, work and play. Recognition Awards are presented to individuals or organizations that have been nominated for their support and encouragement of mental wellbeing, healthy eating and active living, and/or efforts to reduce substance use and abuse.

The Recognition Awards target individuals who have made changes in their own lives and are serving as role models to others and/or individuals, groups, businesses or organizations that have helped to make it easier for others in the community to lead healthier lives.

Dearborn, who was nominated for the PHP Recognition Award by KTHR Community Wellness Coordinator Betty Rudachyk, emigrated from England to Kelvington in 1964 to work as a nurse at the hospital, marrying and raising her children in Kelvington. After 34 years of providing nursing care, she retired and began her next career in volunteerism.

Dearborn is an active member of the Kelvington Lionelles and has been an active board member of the Kelvington United Church since 1996. She serves on the North East Regional Victims Board, is a volunteer at SARBI and has been on the Kelvington Housing Board since 1999. She also single-handedly coordinates and operates the Kelvington Food Bank, insuring that food hampers are available to individuals and families who are experiencing financial hardship. "Beryl is a woman with a kind and generous spirit and a worthy recipient of this Recognition Award," stated Rudachyk.

Population Health Promotion Recognition Award nominations can be downloaded from the KTHR website at www.kelseytrailhealth.ca (News & Events>Events). Nominations can be completed by an individual, group, organization or business and can be submitted to Candace Rogers, KTHR Population Health Educator, Box 1480, Melfort, SK S0E 1A0 or by email to crogers@kthr.sk.ca.

The Population Health Promotion Leadership Team includes representation from the Kelsey Trail Health Region, North East School Division, Eastern Region II Métis Nation, Ministry of Social Services, Northeast Regional Intersectoral Committee and the Lakeland District for Sport, Recreation & Culture.

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For more information, please contact:
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