



**Have you or your organization**  
**Thought About Food?**

**how much it costs**  
**what and how much is available**  
**who has it and who needs it**  
**how they can get it**  
**who helps**  
**what supports are needed**  
**what about local food**  
**what can I do?**

**If you have asked these questions,  
this workshop is for you.**

**Be part of the efforts  
to create health and wellbeing in the region  
through building community  
around affordable, accessible, and  
nutritious foods.**

**co-sponsored by:**  
**The Food For All Coalition**  
**Food Secure Saskatchewan**

**Melfort**  
**Youth & Family Resource Center**  
**102 Crawford Ave E.**  
**March 24, 2010**

**Nipawin**  
**Oasis Center**  
**504 Railway Ave W.**  
**March 17, 2010**

**9 a.m.—3 p.m.**  
**No Cost and Lunch Provided**

**Space is limited so register early  
no later than March 12**  
**Melfort Public Health Office**  
**tdanku@kthr.sk.ca or 306-752-6310**